Feast of
Corpus Christi

Mass Times

Monday-Friday
7.30am, 8.30am, 10.15am,& 4pm
SATURDAY
8.30am, 10.15am
Mass for the Sick 3.00pm
SUNDAY
9.00am, 11.15am & 7.30pm
CONFESSIONS
MONDAY & FRIDAY
10.45am-12 Noon
3.00pm-4.00pm
SATURDAY
10.45am-12noon
2.30pm-4pm

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All Masses are 'Live Streamed' at St. Augustine's

St. Augustine's Church Child Safeguarding Representatives.
Fr. Flor O'Callaghan O.S.A.
Fr. John Lyng O.S.A.
Ms Geraldine van Dam
Mr. Robert Ryan
Ms Charlotte Gleeson
Mr. John Doyle

St. Augustine's Church Limerick

The Most Holy Body and Blood of Christ

22nd June 2025

website: www.augustinianslimerick.com
email: info@augustinianslimerick.com

Bread of Heaven and Earth

Bread used to be hard got and in many places still is. In a place we knew well, this was emphatically demonstrated every year. one meagre harvest had to be eked out and stretched to meet the uncertain coming of the next. Seed corn had to be put out of reach of thief, pest and hungry people. Fervent prayer was made that the rain that gives life and growth, would come in good time and good volume. Then you prepared your patch of land and scattered your seed corn. Even in the ground it wasn't safe from thieving monkeys until it had germinated and taken root. The next hazard to be repelled were the weeds that grew like Jack's beanstalk in the humid air. As soon as the succulent fronds appeared above ground they attracted the interest of nomadic herds that were combatants in the Several Hundred Years War between farmer and cowboy, the tillers of the land and the graziers.

Harvest was a glad time. The whole family with their knives and sickles were out to garner what would feed them for another year. After threshing the winnowing process carried the chaff away on the wind while the clean grain settled on the groundsheet. Thence to the mud-walled granaries to be guarded and doled out at need.

All well, but still no bread. That's where the grinding stones came in. You'd see them in land dry as a bone and barren, in villages long abandoned. The greatest remaining sign of civilisation was a rock the size of a small sheep. One side was perfectly hollowed out as if moulded around and egg, smooth as marble and deep enough to bathe a baby . It was a grinding-stone, the surest sign of human habitation you'd find anywhere. Generations, if not centuries, of women had knelt holding smaller rocks between their two hands to grind their hard-grown grain between the smaller and bigger stones. So the bigger one was worn hollow, maybe by an inch in a lifetime. That's only one of the hard labours that went into making of their kind of bread. They'd know the kind of drudgery the phrase *Nose to the grindstone* meant far better than whoever coined it or any who use it. You'd see such stones in many places. Some lay still perfect where they were abandoned when the villagers they fed perished or fled from fire or enemy. Some were hauled to the mission-houses and installed as bird-baths. Thus perched on pillars, hopefully out of reach of hunting cats in a land where felines fend for themselves, they delighted the little tropical birds who paid for their drink and dip with morning music. Some pastors went for a more explicit grounding of the gospel in native soil and tradition, and used the grindstones as baptismal fonts for their churches.

A lot of life and labour went into the making of bread and the God of life saw it fitting to be recognised in its breaking. And for us the same Lord of Life lives therein. So, we celebrate Corpus Christi. JL

John 6:51(KJV) I am the living bread which came down from heaven: if anyone eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.

Reception of the Blessed Eucharist

When receiving in the hand, one places one hand upon another, palms up and hands raised so that the Sacred Host can be placed in the hand by the minister saying '**Body of Christ'** confirmed by **Amen**. With the hand beneath, one takes the Sacred Host steps aside and consumes it.

Prayer after Holy Communion

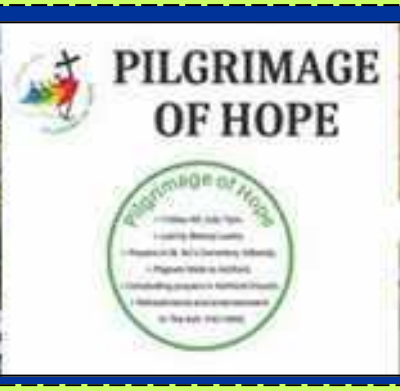
Soul of Christ sanctify me. Body of Christ save me.
Blood of Christ inebriate me. Water flowing from the side of Christ wash me
Passion of Christ strengthen me. O good Jesus hear me.
Within thy wounds hide me. Never let me be separated from thee.
From the wicked enemy defend me and at the hour of my death call me
and bid me come to thee, and with the angels
and saints I may praise thee for all eternity. Amen

'You have made us for yourself, O Lord and our hearts are restless until they rest in you'.
St. Augustine

Ireland Consecrated to the Sacred Heart of Jesus

On this Sunday 22nd Archbishop Eamon Martin will consecrate Ireland to the Sacred Heart of Jesus at Knock Shrine. The consecration will take place during the 3pm Mass in Knock Basilica The programme of events at Knock include uplifting talks, anointing of the sick and veneration of the relics of St. Margaret Mary Alacoque, St. Claude la Colombiere and Blessed Mary of the Divine Heart. More details at www.knockshrine.ie /sacred-Heart

Friday 27th June is the Feast of the Most Sacred Heart of Jesus .



Pilgrimage of Hope

Our Lady and St. Ita's Pastoral Units
Pilgrimage of Hope
Friday 4th July at 7.00pm from
St. Ita's Shrine (Killeedy Graveyard)
by way of Ballagh to Ashford Church
Led by Bishop Brendan Leahy.
All are welcome to join us in this time of prayer and hope.

Grow

Mental Health- Friendly Community based peer support groups for anyone experiencing mental health issue through 12 Step Program of connection, hope, identity by empowering people to nurture their positive wellbeing by supporting personal growth through education and self-teaching. Contact Celia 086-1526966/ Danielle 086-1588626/Www.grow.ie