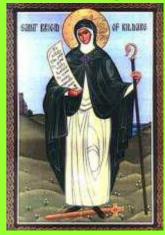
St. Brigid



Mass Times

Monday -Friday 7.30am, 8.30am, 10.15am,& 4pm <u>SATURDAY</u>

8.30am, 10.15am 3.00pm Mass for the Sick

(Mass for the Sick)
<u>SUNDAY</u>

9.00am, 11.15am & 7.30pm CONFESSIONS

MONDAY & FRIDAY

10.45am-12 Noon

3.00pm-4.00pm SATURDAY

10.45am-12noon

2.30pm-4pm

St. Augustine's Church Child Safeguarding Representatives.

Fr. Noel Hession OSA Fr. Flor O'Callaghan OSA Geraldine van Dam Mr. Robert Ryan Ms Charlotte Gleeson Ms Mary Deegan.



St. Augustine's Church Limerick

Fourth Sunday in Ordinary Time

website: www.augustinianslimerick.com email: info@augustinianslimerick.com

2nd February 2020

Knock Shrine Celebrates

Archbishop Michael Neary of Tuam together with Fr Richard Gibbons, PP and Rector of Knock Shrine led a group of parishioners and staff from Knock to the special ceremony marking the first Sunday of the Word of God on 26 January.

By special invitation, the new Pilgrim Statue of Our Lady of Knock was present at the altar in St Peters Basilica during the celebration. Pope Francis paused for a moment to bless the statue and for a quiet moment of prayer.

The Schola Cantorum Basilicae choir from Knock Shrine, under the direction of Úna Nolan performed the much-loved "Our Lady of Knock" hymn. This is the first time that the Shrine has had such a strong presence during a Papal Mass in St Peters. Gifts and readings were carried out by Knock parishioners who felt honoured to take part of the liturgy of such a special Mass.

Present and concelebrating during the Mass was a large group of priests from the Irish College in Rome. Also present among this group were also Archbishop Michael Neary of Tuam, Bishop Duignan of Clonfert, Fr Richard Gibbons, PP and Rector of Knock Shrine and Fr Paul Bennett, CC at Knock Shrine.

There were also over 150 parishioners from Knock and the surrounding area who travelled to Rome, wanting to be present for this special occasion in the history of the Shrine.

After the Mass, those present were given a free copy of the Bible in a symbolic gesture of encouragement to make room, each day, in their lives for the Word of God.

Source: Short excerpt taken from www.knockshrine.ie celebrates-Mass-with -pope-francis

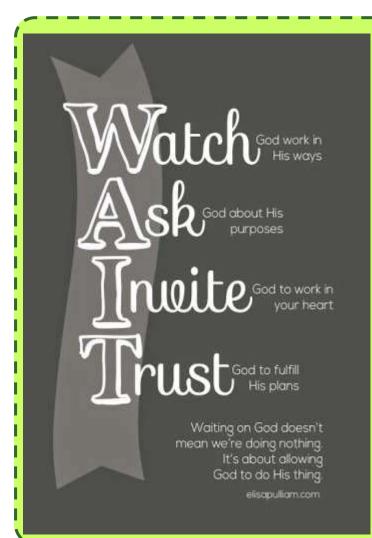
Living Well with Arthritis and Related Conditions

Arthritis Ireland is pleased to announce that it will be running its award winning course in Limerick this Spring. The course consists of a two and half hour workshop given once a week, for six weeks and is for people with arthritis and /or similar conditions including Osteoporosis, Fibromyalgia, chronic back pain, Polymyalgia Rheumatica, Lupus, Raynauds disease, Scleroderma who want to learn self-management skills and techniques to live healthy with their conditions. Completing this programme allows you to rely less on your health professionals, manage your pain, reduce your fatigue, introduces exercise and relaxation into your daily life, increases your self confidence to manage your arthritis and improves your

sense of well-being. **Venue:** Irish Wheelchair Association Centre, Limerick Enterprise Development Park Roxboro, Limerick

Starts: Thursday 20th February, all sessions 6.30pm-9pm **Fee:** €32 (Medical Card Holders €24) for all 6 sessions.

Call 01 6470206—1890 252846 or email training@arthritisireland.ie



Thought for the Day

Our Gospel today describes two very old people— Simeon and Anna—who are very attractive in their old age. They have lived prayerful lives of faith and, in particular, of hope and expectation. Being wise, they are people of discernment and

they recognise the moment of grace, the coming of the Messiah. Wouldn't it be wonderful to be like them in old age? The secret is to be now what we hope to be then. If we wish to be serene, wise, discerning, full of faith—then now is the time: As St Paul says: "See, now is the acceptable time; see, now is the day of salvation!" (2 Cor 6:2)



Prayer: Abba, Father, God of all time, you call us to become your children. Send your Holy Spirit into our hearts that we may live our faith serenely in the present moment and give us grace to recognise the time of your appearing.

Source: www.tarsus.ie

Feast of St. Blaise Blessing of the Throats Monday 3rd Feb

Since the eight century St. Blaise has been venerated as patron of those who suffer from diseases of the throat. He is said to have healed a young boy who was choking. The blessing of St. Blaise is a sign of our faith in God's protection and love for us and for the Sick.

There will be blessing of throats at all Masses. On Monday 3rd February 7.30am, 8.30am, 10.15am & 4.00pm

Trudy Blake R.I.P.

Sadly the death occurred last Saturday of our cherished friend Trudy Blake. She was part of our Music Ministry here every Sunday. A gifted musician, Trudy with her husband David had a very long connection with St. Augustine's Church, in ministry for over 20 years. She was an inspiration to us all and we admire all those



wonderful qualities that made her the special person that she was. Trudy has left us with many wonderful memories, one of them her great love for the Word of God. We will cherish them forever. In friendship and sorrow . May she rest in peace.



Glenstal Abbey

Following on from 'Luke the Artist', we will explore the sacraments through scripture, art, history, liturgy and music in a series entitled 'Encounters with

Resurrected Life'. Come to the Waters & Drink

Draw from the Springs of Life Within (1of 5) Saturday 8th Feb

9.00am -5.00pm €70 includes lunch and breaks. Registration 061 621000