


A close-up photograph of a woman with dark hair, looking down and lighting a candle. The candle is lit, and the flame is visible. The background is dark, making the woman's face and the candle stand out.

CANDLE OF HOPE

*I Light this candle...
to invite God's healing light into the places
of darkness and despair in my heart.
Help me to let go of the anger, the questions,
the guilt and the pain.
Give me a listening ear for the unspoken
anguish and the quiet desperation of
those around me.
Help me to put words on the emptiness and
confusion which I feel.
Draw me out of my loneliness and sense
of isolation.
Send me somebody who will understand,
who will walk with me through the
valley of darkness.
May I see life as a precious gift from God.
Make me aware of the devastation caused to
families and friends by decisions against life.
Give me the strength to cope for this day
and a trusting heart for tomorrow.
Be with me through the nights of desolation
until hope dawns for me.*

AMEN

A photograph of a single lit candle. The candle is yellow and has a bright flame. The background is dark, making the candle stand out.

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