



St. Augustine's Church Limerick

19th Sunday in Ordinary Time

9th August 2026

website: www.augustinianslimerick.com
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Transfigurations

Mass Times

Monday-Friday

7.30am, 8.30am,
10.15am, & 4pm

SATURDAY

8.30am, 10.15am

Mass for the Sick

3.00pm

SUNDAY

9.00am, 11.15am

& 7.30pm

CONFESSIONS

MONDAY & FRIDAY

10.45am - 12 Noon

3.00pm - 4.00pm

SATURDAY

10.45am - 12noon

2.30pm - 4pm

All Masses are
Live streamed at
St. Augustine's



St. Augustine's Church Child Safeguarding Representatives.

Fr. Flor O'Callaghan O.S.A.
Fr. John Lyng O.S.A.
Ms Geraldine van Dam
Mr. Robert Ryan
Ms Charlotte Gleeson
Mr. Tom Walsh



Perhaps the most popular of the slogans writ large and lurid on African lorries says *No Condition is Permanent*. That's meant to carry, in equal measure, hope for the one at the bottom and warning for anyone now at the other end of the ladder.

For years the faith of loyal followers, and they were always many, of Mayo football and Limerick hurling was sorely tested. Often through the hardest of hard luck and sometimes through inadvertent self-harm they both fell short of the summit they were desperate to reach. Some of their chroniclers, judging by the titles they gave their books, *Unlimited Heartbreak: The Inside Story of Limerick Hurling*. (Henry Martin) and *House of Pain: Through the Rooms of Mayo Football*. (Keith Duggan) might seem to subscribe to the theory of permanent malaise.

But everyone now knows, as the lorry-painters of Africa always knew, that no condition is permanent. In 2018 the unlimited heartbreak was shown to be not only limited but over, banished forever and replaced by undreamt of riches, riches that continue to flood into Limerick with the latest wave washing up here only last month. And, even more spectacular was what happened a couple of weeks ago when, at the sound of the siren, the house of pain turned into a house of ecstasy such as Croke Park or Mayo had never known. I write this on August 6th and the feast prompts the thought that last Sunday week saw transfiguration. Mayo fans had often been there before but now it was a different place. Accustomed to hasty retreat in sadness at misfortune and defeat, they now wanted to stay to rejoice at the scene of a triumph not one of them had seen before. They said it is good for us to be here and would gladly have built tents along the winding road over which Ryan O'Donoghue had sped on his way to setting up the decisive goal of the match. They stayed until the stewards called "last orders" but that was alright too because the cause of their joy would go with them.

Meanwhile looking on in envy are the other thirty two counties, including one or two who a few years ago saw their own winning as a permanent condition. Now, like Peter on the water, they flounder.

With no fin to swim or wing to fly we are, if you like, stuck to the ground. (Even the man or woman who is said to swim like a fish has to get out of the water to sleep, or else sleep with the fishes). With no ground to stand on we're uneasy. A burst of confidence prompted by the nearness of Jesus led Peter to defy the laws of physics and walk on water. But the confidence was only temporary - "as soon as he felt the force of the wind he took fright and began to sink." Rescue came only when "Jesus put out his hand at once and held him."

Most people come through storms of varying severity in the course of life but no condition is permanent before the one we enter at the end of our final voyage. There's an echo of Peter's deliverance in P. Daly's poem-prayer for a departed loved one.

She has gone out alone
Into the realm of stars

Let there be arms at last
To pull her home.

J.L.

Thought for the Day

"Do not be afraid" is one of those expressions which goes straight to the heart. Who has not sometimes been afraid? The command not to fear combines two things: firstly, it is a recognition that yes, sometimes we are afraid; secondly, it proclaims that in the community of faith, with Jesus, God-with-us, our companion on the way, we ought really to be free from deep fear, because "all shall be well." Let us hear again the words, "Courage! It is I! Do not be afraid."

Prayer: Lord, save us when circumstances seem to overwhelm us, when we cannot see our way forward, when we find ourselves sinking. Take us by the hand and lead us to the open space of freedom and confidence in you.

Source: www.tarsus.ie/Sunday_readings

Novena Prayer to Our Lady of Knock

Our Lady of Knock, Queen of Ireland,
you gave hope to your people in a time of distress,
and comforted them in sorrow.

You have inspired countless pilgrims to pray
with confidence to your divine Son,
remembering His promise,

"Ask and you shall receive, seek and you shall find."

Help me to remember that we are all pilgrims
on the road to heaven. Fill me with love and concern for
my brothers and sisters in Christ,
especially those who live with me.

Comfort me when I am sick, lonely or depressed.
Teach me how to take part ever more reverently in the
Holy Mass. Give me a greater
love of Jesus in the Blessed Sacrament.
Pray for me now, and at the hour of my death. Amen.

National Novena to Our Lady of Knock 13-21 August

**Feast of the Assumption
of the Blessed Virgin Mary
Saturday 15th August
St. Augustine's Church**



**Mass Times
8.30am, 10.15am, 1.00pm
& 3.00pm (Mass for the Sick)**



CAMINO DE SANTIAGO - FOR SEARCHERS AND SENIORS



Have you heard people talk about "The Camino" and wished that you could have walked it?
Do you feel it's too late, or that you are no longer fit enough, so that you've missed your opportunity?

The good news is that it's not too late! We are trying to gauge interest in organising a group to "do" 100k of the Camino de Santiago. We hope to organise a trip that will suit people who can only walk a short distance but would love the experience of seeing the real Galicia, Northern Spain, the small villages, the forest and greenery and enjoying being in the moment with nature.

Perhaps you feel you are too fit to take it easier and really want to do the walk. Our trip will have room for those who wish to walk an average of 20k a day, all the way to Santiago and those who wish to have the support of a guide and transport waiting, if the going gets too tough.

The Camino de Santiago is definitely a joy for walkers and hikers, but it is principally an inner journey, with plenty of time for reflection. It gives us an opportunity to meet ourselves, meet others and meet God. Whether you walk, hike or take the bus you will experience that beauty of nature, a spiritual time and the kindness of others.

The decision on which last stage to walk has not been made yet. It will be made in conjunction with our travel agent and the group who wish to undertake it. We hope to travel in September, 2027.

We hope to keep our group small (about 20 people) so that people can get to know each other and support each other.

If you are interested in receiving further information, please contact Geraldine at 089 2410066

National Heritage Week 15-23 August